HEALING STARTS HERE

Connect to free mental health and wellness programs available to ALL veterans in L.A. County.













GET STARTED TODAY!

Scan QR Code or use Direct Intake Link for Veterans
Complete the secure intake form for self-referral here
https://wkf.ms/3HRqdQ7

> VPAN Peer Referral:

Contact our VPAN Team by calling (877) 452-8387, emailing intake@mva.lacounty.gov, or filling out the VPAN Service request form online at https://mva.lacounty.gov/vpan-assistance/.

For more information or for more urgent referrals, please contact the Program Manager, Kristan Toth at <u>kristan@frictionlessmentalhealth.com</u> or call/text: 858-367-3001.



